

PARKER'S TAVERN e 1834

BUILD YOUR OWN BREAKFAST. CHOOSE FROM EACH SECTION.

JUICES

FRESHLY PRESSED ORANGE JUICE

KALE GINGER AND CELERY SMOOTHIE

GRAPEFRUIT JUICE

FRUIT

SEASONAL FRUIT SALAD
lightly honied with spices

P'T GRANOLA
with fruit compote and yogurt parfait

POT OF FULL FAT YOGHURT

CEREALS

SLOWLY COOKED PORRIDGE
OATS IN: (G)

*hazelnut and bitter chocolate

*seeds, grains, apple and cinnamon

*honey and lemon

COCO POPS

BRAN FLAKES

COOKED

FULL ENGLISH BREAKFAST
(E,MK,G,SP)
Sausage, tomato, mushroom, bacon and scrambled eggs

BAKED MUSHROOM SLICE (VE/G)
Mushroom and farragon duxelles and roasted field mushrooms

BACON SANDWICH (G/E/S)
Streaky bacon, roasted tomatoes and P'T sauce

EGGS (MK)
potted scrambled eggs with chives

BAKED

FRESHLY BAKED CROISSANT
(G/MK/E)

PAIN AU CHOCOLATE (G/MK/E/S)

P'T SOUR DOUGH (G/MK)
with butter

SMOKED MACKEREL PATE
(F/MK/G)
with melba toast and pickled cucumber

SPECIALITY FILTER COFFEE

Bobolink, Brazil single estate with a rich, smooth aftertaste that lasts and last

P'T TIPS

Our house blend Tea medium - strength cup with a bright amber hue and a light, malty flavour

SPECIAL DIETARY REQUIREMENTS - **V** - Suitable for vegetarians | **VE** - Suitable for vegans | **VE*** - Dish can be amended to be suitable for vegans. Please ask for our full allergen menu.

ALLERGENS - Dishes that contain any of the 14 named allergens are marked with the following abbreviations: **G** - Gluten | **C** - Crustaceans | **E** - Eggs | **F** - Fish | **M** - Molluscs | **S** - Soybeans/Soya | **P** - Peanuts | **N** - Nuts | **MK** - Milk/Dairy | **CY** - Celery | **MD** - Mustard | **SS** - Sesame Seeds | **SP** - Sulphites | **L** - Lupin

Please do inform us should you have any allergies or intolerances we need to be aware of. We cannot guarantee the absence of all allergens in our dishes. A discretionary service charge of 12.5% will be added to your bill. Menu may change depending on seasonality.